



You are invited to come and share your joy in your spiritual teachers and your thankfulness for the Path we are all on, at our

GURU POORNIMA CELEBRATIONS

at SATYANANDA YOGA CENTRE, BIRMINGHAM

38 Gaddesby Road, Kings Heath, Birmingham B14 7EX

Saturday 8th July 2017

Guru Poornima is the one full moon day in the year dedicated to the spiritual preceptors, the luminaries of the world. The July full moon is said to be the brightest moon of the year, when the spiritual masters radiate their grace in abundance and those with an open heart can receive that grace. Whatever your tradition, you are welcome to join us on this auspicious occasion. Children are very welcome.

Highlights of the programme for the day

9.30 - 10.30am Chanting of Durga Path

3.00 - 6.00pm Preparations for the evening program

6.00pm Evening program – Fire ceremony, Kirtan (joyful chanting) and Feasting

If the weather is fine, we shall be in the garden as usual for the fire ceremony, so please bring something (waterproof) to sit on – or we can provide bin bags! In keeping with our usual tradition, there will be a shared table, so please contribute a vegetarian dish to that.

There is no charge. If possible, it would be nice to know in advance that you are coming. Kindly park with consideration for our neighbours.

For accommodation needs please contact Sue Duffy (Director SYCB)

Tel: 07719 278192 email: cotteridgeyoga@gmail.com

Further details can be found at www.sycbirmingham.com